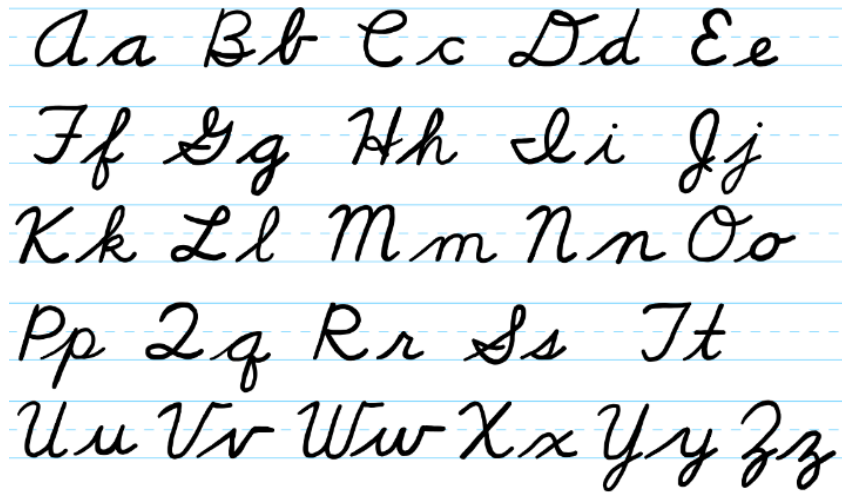




Cursive Writing

Name:

Welcome to your *cursive writing* workbook.



Did you know that...

- All letters in a word are connected together using a tail or bridge
- Most cursive letters are written using waves, loops, hills and valleys.
- Cursive writing can be faster than printing
- We remember information better when we write it by hand

Have fun learning and practicing your cursive writing.

This Cursive Writing workbook was developed by the OCDSB Occupational Therapy team.

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Cursive lowercase alphabet

a b c d e f g h i j k
l m n o p q r s t
u v w x y z

Cursive uppercase alphabet

A B C D E F G H I
J K L M N O P Q R
S T U V W X Y Z

Cursive alphabet

Aa Bb Cc Dd Ee

Ff Gg Hh Ii Jj

Kk Ll Mm Nn Oo

Pp Qq Rr Ss Tt

Uu Vv Ww Xx Yy Zz

Cursive Letter Practice



Aa Bb Cc Dd

Ee Ff Gg Hh

Ii Jj Kk Ll

Mm Nn Oo

Pp Qq Rr Ss

Tt Uu Vv

Ww Xx Yy Zz

Swing letters - Formation

i

bump

back down

jump to dot

t

bump

back down

jump to cross

u

bump

back down

Make a u-turn

Bounce up

Bounce down

w

bump

bounce

bounce

make a bridge

j

bump

down and dig

loop

jump to dot

p

bump

down

up

curve

Swing Letters - Practice

i

i

i

i

i

t

t

t

t

t

u

u

u

u

u

w

w

w

w

w

j

j

j

j

j

p

p

p

p

p

up

pit

tip

Loop letters - Formation

Handwriting practice sheet for cursive loop letters. The sheet features a vertical red margin line on the left and horizontal blue lines (top, middle, and bottom) for letter formation. Each row shows the formation of a specific letter with numbered arrows and descriptive text.

Row 1: Letter 'e'
 Formation: short loop, bump the middle line

Row 2: Letter 'l'
 Formation: tall loop in the sky

Row 3: Letter 'b'
 Formation: tall loop in the sky, bounce up to the middle line, bridge

Row 4: Letter 'h'
 Formation: tall loop in the sky, back to the middle line, down the hill

Row 5: Letter 'k'
 Formation: tall loop in the sky, back to the middle line, sideways loop, kick out

Row 6: Letter 'f'
 Formation: tall loop in the sky, dig below the dirt, bounce up to the bottom line

Loop letters - Practice

e

e

e

e

e

l

l

l

l

l

b

b

b

b

b

h

h

h

h

h

k

k

k

k

k

f

f

f

f

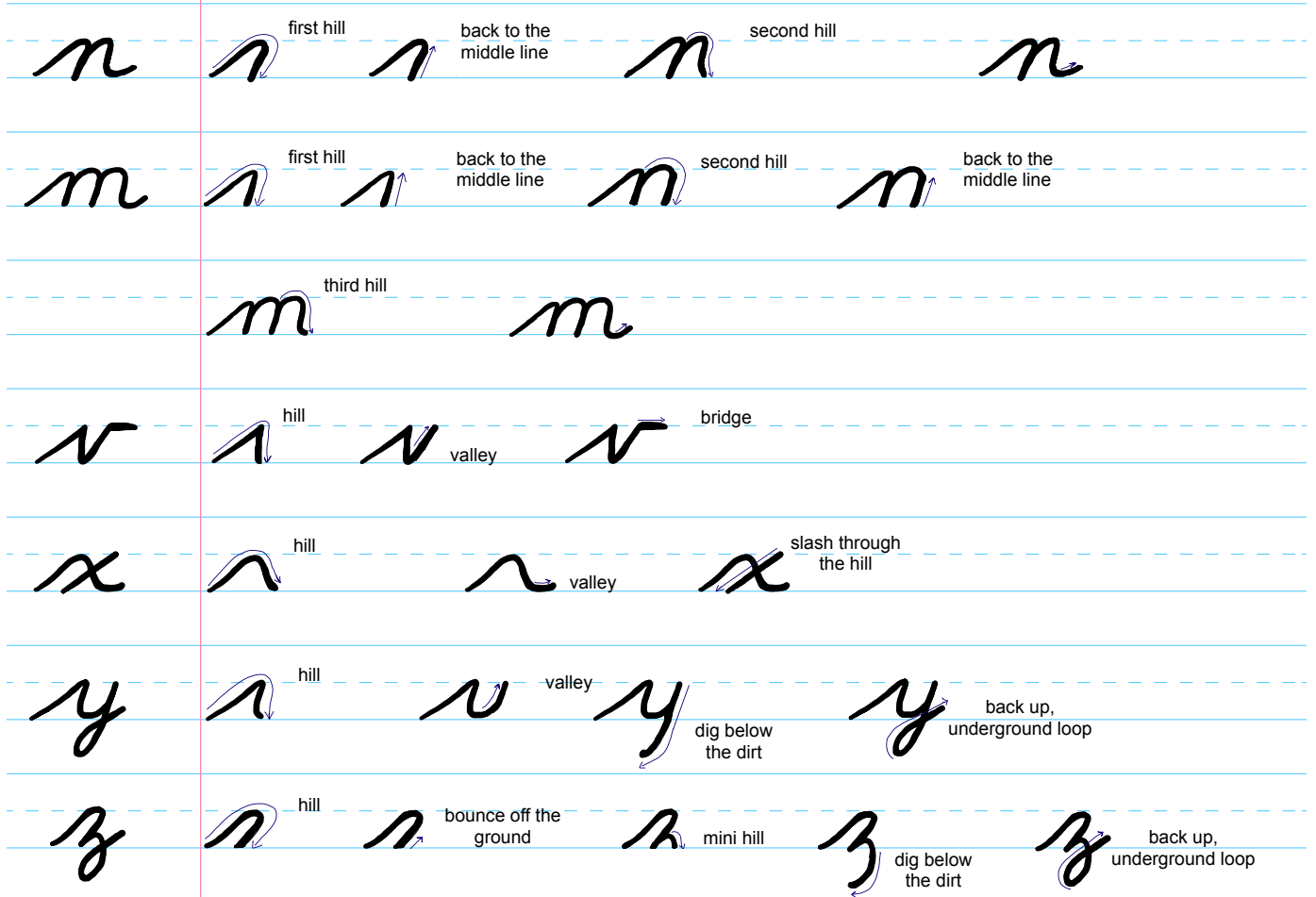
f

elf

hill

kettle

Hills & Valleys - Formation



Hills & Valleys - Practice

n

n

n

n

n

m

m

m

m

m

v

v

v

v

v

x

x

x

x

x

y

y

y

y

y

子

子

子

子

子

my

new

zip

Surf Waves - Formation

c



go up the wave

c

ride the wave
back down

a



go up the wave

c

ride the wave
back down

o

bump

a

down to the grass

d



go up the wave

c

ride the wave
back down

d

bump

d

down to the grass

g



go up the wave

c

ride the wave
back down

o

bump

g

down to the
ground

g

underground
loop

o



go up the wave

c

ride the wave
back down

o

back to the top

o

bridge

q



go up the wave

c

ride the wave
back down

o

bump

q

dive down to the ground

q

u-turn back up to
the grass

q

Surf Waves - Practice

κ

κ

κ

κ

κ

α

α

α

α

α

d

d

d

d

d

g

g

g

g

g

o

o

o

o

o

q

q

q

q

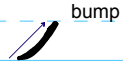
q

cat

quick

good

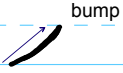
Swing up with a Twist - Formation



cross the bridge



slide down to the ground



make a J turn



Swing up with a Twist - Practice

~

~

~

~

~

~

~

~

~

~

~


run

rat


sun

sat


Bridge Connectors - Formation

A cursive letter 'h' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.A cursive letter 'l' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then looping back down to the middle line.


tall loop in the sky

A cursive letter 'b' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.


bounce up to the middle line

A cursive letter 't' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.


bridge

A cursive letter 'o' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.A cursive letter 's' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.

go up the wave

A cursive letter 'c' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.

ride the wave back down

A cursive letter 'd' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.

keep going all the way around

A cursive letter 'e' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.

bridge

A cursive letter 'v' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.A cursive letter 'n' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.


hill

A cursive letter 'm' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.


valley

A cursive letter 'w' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.

bridge

A cursive letter 'u' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.A cursive letter 'i' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.


bump

A cursive letter 'j' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.

bounce

A cursive letter 'k' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.

bounce

A cursive letter 'p' is shown on a three-line grid. A blue arrow indicates the stroke starting from the middle line, going up to the top line, and then back down to the middle line.

bridge

Bridge Connectors - Practice

b

b

b

b

b

o

o

o

o

o

v

v

v

v

v

v

w

w

w

w

w

bat

blue

oat

hot

vocal

very

wash

what

Uppercase - Practice

A

B

C

D

E

F

G

H

I

J

K

L

m

n

o

p

2

R

S

T

u

v

w

x

y

z

Cursive alphabet

Aa Bb Cc Dd Ee
Ff Gg Hh Ii Jj
Kk Ll Mm Nn Oo
Pp Qq Rr Ss Tt
Uu Vv Ww Xx Yy Zz