The Ultimate Topping

Pizza provides a savoury meal with a wide variety of topping to choose from; some great, and some not. From cheese, pepperoni, or ham, to even bananas, sardines, and spam. There is an **abundance** of toppings, and one of the greatest is certainly pineapple. This scrumptious fruit is a great garnish as it adds a natural sweetness to your pie that not many garnishes will. Also, it is a healthy fruit with innumerable health benefits that you can add as a topping for your dinner, or even as a snack. Furthermore, it is available worldwide, so almost everyone is able to buy it for a reasonable price. **It is obvious that pineapple belongs on pizza.**

To begin, pineapple adds a nice natural sweetness to the pizza that may make it a lot nice to chow down on. This divine fruit might be a nice snack on its own. It is sweet, and sometimes a bit tart. But when added to your pie, it enhances it, and makes the pie more flavourful, and fresh. Also, this awesome addition can taste great with many other food items; like jalapenos, pepperoni, mushrooms, etc… Some do not like to make their pies sweet. But if you want some flavour variations, this is the option for you. This divine garnish is a nice addition to your pie if you are looking for some sugariness to add to this already special meal.

To add to that, pineapple is a really healthy fruit to add if you cut it fresh, or even from a can. This fruit has vitamin C, potassium, bromelain, and fiber. These vitamins and minerals help you with your blood pressure, fluid balance, digestion, and overall health. If you were **pondering** about bromelain and its effects, it is an **enzyme** that helps you digest proteins. This is extracted mostly from its stem. But if it is canned this enzyme is destroyed in the process. When this food item is canned, it loses about a third of its vitamin C. The bromelain is destroyed during the canning process. Fresh is the tastiest. Although canned pineapple is still a healthy addition, it is better than bacon any day! This magnificent produce usually has 48mg of vitamin C per 100g, so if it is canned it still has 29mg of vitamin C per 100g. This is a delicious and healthy topping for your Friday night dinner.

Finally, pineapple can be accessed almost everywhere around the world. Although it is mostly grown near the equator, it can be purchased everywhere. Everyone can enjoy the appetizing taste of one of the most **enticing** foods on their pizza. It is not prohibitively expensive. It costs about $4 per pound. It is a tad pricey but not as expensive as prosciutto cheese that some people enjoy on their pies. This dairy item costs ten times that! Pineapple is delicious. It is meant to be enjoyed on pizzas by all; hence its affordable price.

As previously stated, it is just obvious that this belongs on pizza. It is a flavourful topping that can be bought in most countries, and also has considerable health benefits. Even if you do not like this godly fruit as a garnish, you can add it to your pies so that you will not want to eat as much of it, so you will stay healthy in a way. This fun fruit is very appealing. It is tasty, healthy, and can be accessed almost anywhere. Canadians believe this and you should now agree. Try it. See how great pineapple is. It is a superb addition to any pizza; a treat for all ages to enjoy.